

2021-22

# Student Success Mentoring Programme

Inclusion Office, SEVE



mentor brochure

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# Introduction

The Student Success Mentoring Programme aims to support and encourage students from groups which are under-represented at the University of Luxembourg.

The Student Success Mentoring programme matches students with a professional mentor, all giving their time and knowledge to support students both undergraduate and postgraduate at the University of Luxembourg.



***We're here for a reason.  
I believe a bit of the reason is  
to throw little torches out to lead  
people through the dark.***

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Whoopi Goldberg

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The aim of the programme is to ensure all students have to best possible chance to thrive during their studies and successfully progress into graduate employment or postgraduate study.

The programme offers students individual mentoring sessions allowing the mentoring to be personalised for each student.

Alongside individual mentoring sessions, students will have the opportunity to participate in a number workshops to give them the tools to become the best version of themselves.

# Benefits of the Mentoring programme

The University of Luxembourg strives for excellence and wants to offer students an enriching and engaging environment in which to thrive. Mentoring is an attractive extracurricular activity connecting students to professionals in a similar field as they move through their university experience and enter working life. Mentoring students increases student retention rates, provides an enriching student experience and improves employment opportunities



## Mentee

- increase personal and professional self-confidence
- acquire new skills and knowledge
- receive encouragement, support and constructive feedback
- enhance career development opportunities
- access to mentor's knowledge and expertise
- have a role model



## Mentor

- satisfaction in supporting the development of others
- transferring skills and knowledge from professional career
- opportunity to enhance mentoring and coaching skills
- increased awareness of and perspectives of emerging issues
- opportunity to re-examine own practices, attitudes and values
- recognition for skills and expertise



## University

- improve academic performance
- focus on personal and academic development of students
- increase levels of student satisfaction
- stronger sense of connection with the university
- strengthen university culture
- build awareness of emerging issues

# Characteristics of effective mentoring

Being a mentor gives you the chance to enhance your portfolio of skills in key areas such as leadership and communication. Through the Mentoring Scheme, you will have opportunities to attend mentor training and networking events, which will help you to develop confidence and learn strategies to support mentees during your sessions. It is also an opportunity to reflect on your own career, knowing that you are contributing to the success of a University of Luxembourg student by helping them to navigate the challenge of becoming a professional in their industry.



As a mentor, you have the opportunity to take part in a very rewarding experience with Uni.Lu students. Through sharing your experience with mentees you will be positively impacting the future of another person who may not have been able to access this support or advice elsewhere.

# The Mentor's Role



A mentor is normally someone who has a great deal of business experience or career experience and who acts as a trusted person over a period of time. The mentoring relationship can be close and meaningful, in which the mentor shares their personal knowledge and experiences and promotes a self-discovery approach.

## A mentor should expect to:

- provide an outside perspective
- listen, in confidence, to the things that are worrying the mentee about their career
- help the mentee by sharing their own experience of failures and successes
- give friendly, unbiased support and guidance
- provide honest and constructive feedback
- be a sounding board for ideas
- facilitate decision-making by suggesting alternatives based on personal experience
- provide ongoing support and encouragement.

As a mentor on the Student Success Programme, you will be able to meet students and understand their experiences, what they would like to do in the future and help them to reach their goals. In short, you will be helping others to succeed.

This programme aims to support social mobility and under-represented groups within the University population.

**If you would like to apply, please complete the online [application form](#) before 15/10/21.**

## Your commitment



As a mentor you will be expected to attend a short information session before the programme starts (mid October). This will be your opportunity to meet other mentors and the University team co-ordinating the programme.

A kick-off meeting is planned for **Monday 25 October 2021 from 12h-14h**. During this meeting you will have an opportunity to meet your mentee. Students and mentors are expected to work together over a five month period with 2 hours of contact per month. Contact can be face to face, by telephone, email conversations or via an online platform such as Webex or Microsoft Teams.

## Interested?

Please contact the team - [inclusion@uni.lu](mailto:inclusion@uni.lu)